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Since 1954, Twenty-Four Hours a Day has become a stable force in the recovery of many alcoholics throughout the world. With over six and a half million copies in print (the original text has been revised), this "little black book" offers daily thoughts, meditations, and prayers for living a clean and sober life.

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Review of The Twenty-four Hour Mind: The Role of Sleep and Dreaming in Our Emotional Lives by Rosalind Cartwright 224 pages Oxford University Press, USA; 1st edition (June 24, 2010) Patrick McNamara, Ph.D. BOOK REVIEW Address reprint requests to: Patrick McNamara, Ph.D.

Review of The Twenty-four Hour Mind: The Role of Sleep and

Having the benefit of owning and having used "Twenty-Four Hours A Day" and "Daily Reflections", I find this book a calm bright beacon, a steady light by which to work while "Daily Reflections" is a sputtering candle, uneven and less bright. "Twenty-Four Hours A Day" is now the one for which I reach.

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Twenty-Four Hours a Day Introduction Twenty-Four Hours a Day is intended for members of Alcoholics Anonymous as a help in their program of living one day at a time. It is designed for those who want to start each day with a few minutes of thought, meditation, and prayer.

Twenty-Four Hours a Day - Hazelden

The above named temporary permit holder personally appeared before me, and has duly sworn to have completed twenty- four (24) hours of driving with a valid licensed driver without exceeding four (4) hours of driving per day.

TWENTY-FOUR HOUR AFFIDAVIT

Twenty Four Hours a Day is a force in the recovery of many alcoholics throughout the world providing daily inspirational meditation from the Hazelden Betty Ford Foundation to help you in your journey.

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