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By John Bradshaw. ISBN-10: 0553057936. ISBN-13: 9780553057935. In Homecoming John Bradshaw one of many world's top figures within the box of psychology and restoration, explains his progressive thoughts to bare the interior child. He believes that the injuries we obtain in the course of early life and formative years can proceed to infect our grownup lives.

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Here is the first of a few excerpts from Bradshaw On: Homecoming...Reclaiming and Championing Your Inner Child. I hope you enjoy it.

John Bradshaw - Homecoming - Pt1

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Homecoming: Reclaiming and championing your inner child If I could recommend only one personal development book, it would be John Bradshaw's "Homecoming". Known for his work in healing the wounds of dysfunctional families, Bradshaw was a pioneer in furthering the "Inner Child" theory.

Homecoming: Reclaiming and championing your inner child

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